

**ANDRE FEDIDA, MD (973-877-2580)  
HARRISON ENDO SURGICAL CENTER  
620 ESSEX STREET 3<sup>RD</sup> FLOOR  
HARRISON, NJ 07029  
973-474-1040**

**INSTRUCTIONS FOR UPPER ENDOSCOPY (EGD) PREP**

**PATIENTS NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**TIME:** The HESC will call you a couple of days before your exam to confirm your information and to give you your scheduled time.

**PLEASE FOLLOW THE PRECEDING INSTRUCTIONS TO PREPARE FOR YOUR PROCEDURE**

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE
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- IF YOU ARE PRESENTLY TAKING ANY MEDICATIONS, YOU MAY TAKE IT AS USUAL
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- **Advise the doctors if you are taking ANY BLOOD THINNERS such as Coumadin, Warfarin, Xarelto, Eliquis, Lovenox, Pradaxa, Effient**
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- **Advise the doctors if you are taking Injectable Medications such as Ozempic, Wegovy, Mounjaro, or Zepbound**

**EXCEPT:**

Blood thinners (discontinue 4-7 days before your procedure)

Diabetics on oral agents (pills) should not take their medications prior to the procedure

Insulin users only take half (1/2) of your usual dose in the morning and notify the nursing staff upon arrival

**THE DAY OF THE PROCEDURE**

- **DO NOT EAT OR DRINK ANYTHING UNTIL AFTER YOUR PROCEDURE**
- **YOU MAY TAKE YOUR REGULAR MEDICATIONS UNLESS OTHERWISE INSTRUCTED**
- **DO NOT DRIVE A CAR OR OPERATE MACHINERY FOR 24 HOURS**
- **YOU MAY FEEL DIZZY AND DROWSY. AN ADULT SHOULD STAY WITH YOU FOR 24 HOURS**
- **YOU ARE REQUIRED UPON DISCHARGE TO LEAVE WITH A RESPONSIBLE ADULT**
- **SCHEDULE A FOLLOW UP APPOINTMENT WITH YOUR DOCTOR FOR YOUR TEST RESULTS**